

## CURRICULUM VITAE

Kent W. Anderson

### PERSONAL INFORMATION

Business Address: 545 West 465 North, Suite 130  
PO Box 654  
Providence, UT 84332  
Tel. (435) 752-7627  
Fax (435) 752-7802  
E-mail: [dra@kentwandersonphd.com](mailto:dra@kentwandersonphd.com)

### LICENSURE/REGISTRATION

Registered Psychologist, Province of British Columbia July 1995-July 1997  
Licensed Psychologist, State of Utah  
Aug 1996-Present

### EDUCATION/TRAINING

Alliant International University/CSPP (San Francisco, CA)  
Post-Doctoral Master's in Clinical Psychopharmacology Jan 2009-May 2011

University of British Columbia (Vancouver, BC) Aug 1994-July 1996  
Two Year Postdoctoral Clinical Research Fellowship  
Emphasis: Anxiety & Mood Disorders

University of Oklahoma Health Sciences Center (OKC, OK) July 1993-June 1994  
APA-Approved Pre-Doctoral Internship

Utah State University (Logan, UT) May 1994  
Degree: Ph.D.  
Major: Professional-Scientific Psychology  
Emphasis: Clinical Psychology (APA-Approved)  
Cumulative GPA: 3.93

Utah State University (Logan, UT) Dec 1990  
Degree: M.S.  
Major: Clinical Psychology (Pre-doctoral Track)  
Cumulative GPA: 3.92

Weber State University.(Ogden, UT) May 1988  
Degree: B.S. (Summa Cum Laude)  
Majors: Psychology & Sociology  
Minor: Spanish  
Cumulative GPA: 3.96

## **CLINICAL EXPERIENCE**

### **CURRENT POSITION**

**Kent W. Anderson, Ph.D., P.C.**

Providence, UT  
Private Practice Psychologist  
Dec 1999-Present

**Center for Counseling**

Intermountain Health Care  
Staff Psychologist  
July 1996-Dec 1999

**Dayspring Day Treatment Program**

Logan Regional Hospital  
Consulting Psychologist  
April 1997-June 1999

### **POST-DOCTORAL FELLOWSHIP**

**Anxiety Disorders Unit**

Department of Psychiatry, University of British Columbia  
Two-year clinical research fellowship  
Aug 1994-July 1996

### **CLINICAL PSYCHOLOGY INTERNSHIP**

**University of Oklahoma Health Sciences Center**

Department of Psychiatry and Behavioral Sciences  
APA-Approved Internship  
July 1993-June-1994

***1<sup>st</sup> Rotation (July 1993-Oct 1993)***

Major: Neuropsychological Assessment Laboratory,  
Oklahoma Memorial Hospital  
Minor: Pediatric Consultation & Liaison Services, Inpatient Pediatric Psychology Unit,  
& Pediatric Oncology Unit  
Children's Hospital of Oklahoma

***2<sup>nd</sup> Rotation (Nov 1993-Feb 1994)***

Major: Adult Mental Health Services, Health Psychology Program  
The University Hospitals  
Minor: Outpatient Child Psychology, Child Prevention Programs  
The University Hospitals

***3<sup>rd</sup> Rotation (Mar 1994-June 1994)***

Major: Health Psychology Program, Inpatient Psychiatric Unit  
The University Hospitals  
Minor: Adult Behavioral Medicine Unit  
Veterans Administration Hospital

## **PRACTICUM TRAINING**

### **Clinical Psychology Practicum Therapist**

Utah State University Psychology Department Community Clinic  
Jan 1992-June 1992

### **Clinical Psychology Practicum Therapist**

Behavioral Health Unit, Logan Regional Hospital  
June 1991-Mar 1992

### **Counseling Psychology Practicum Therapist**

Utah State University Counseling Center  
Aug 1990-Aug 1991

### **Child Clinical Psychology Practicum Therapist**

Developmental Center for Handicapped Persons  
Mar 1990-Aug 1990

### **Clinical Psychology Practicum Therapist**

USU Psychology Department Community Clinic  
Jan 1989-Mar 1990

## **CLINICAL ASSISTANTSHIPS/EXTERNSHIPS**

### **Clinical Psychology Externship**

Bear River Mental Health Services  
Oct 1991-June 1993

### **Clinic Assistant**

USU Psychology Department Community Clinic  
June 1989-June 1991

### **Clinical Psychology Assistantship**

Vocational Rehabilitation Center  
Dec 1989-Aug 1991

## **OTHER POSITIONS**

### **Active Staff Member**

Logan Regional Hospital  
1996-2005

### **Adjunct Professor, Department of Psychology**

Utah State University  
1997-2000

### **Research Assistant**

Utah State University  
Sept 1988-June 1989

### **Youth Counselor/Intake Counselor**

Moweda Youth Detention Center  
June 1987-Sept 1988

## TEACHING EXPERIENCE

<b>Behavior Modification</b>	Winter 1998
<b>Psychometrics</b>	Fall 1997
<b>Behavior Modification</b>	Spring 1997
<b>Behavior Modification</b>	Winter 1997
<b>Cognitive-Behavioral Assessment &amp; Treatment of Anxiety Disorders</b>	1995-1996
<b>Structured Clinical Interviews in Diagnostic Assessment</b>	Fall 1995
<b>Practicum in Counseling and Psychotherapy</b> 1993	Winter 1992-Spring
<b>Abnormal Psychology</b>	Fall 1991

## WORKSHOPS & COMMUNITY PRESENTATIONS

- Anderson, K. W. (Oct. 1999). Strategies for enhanced marital relations. Invited Presentation for married college students at Utah State University, Logan, UT.
- Anderson, K. W. (Oct. 1998). Stress management and stress prevention for adolescents. Presentation for adolescent members of a local religious group, Logan, UT.
- Anderson, K. W. (May 1997). Cognitive-behavioral treatment of panic disorder and OCD. Invited presentation, USU Counseling Center, Logan, UT.
- Anderson, K. W. (Feb. 1996). Understanding major depression: symptoms, types, Preventative strategies, and treatment options. Invited presentation given to the adult Members of an LDS religious congregation, Logan, UT.
- Anderson, K. W., & Kirby, J. (Oct. 1996). Coping with Cancer. Two hour seminar Presented to the I Can Cope with Cancer support group, Logan, UT.
- Anderson, K. W. (June 1996). Assessment & treatment of depression. 2 day seminar presented to spiritual counselors/clergy at Christchurch Cathedral, Vancouver, BC.
- Anderson, K. W. & Taylor, S. (Feb 1996). Panic disorder associated with blood-injury Phobia: A case study. Invited presentation at the Department of Psychiatry Case Conference Seminar, Vancouver, BC.
- Longest, K., Anderson, K. W., & Skidmore, J. R. (June 1994). Calming the mind and body: coping with breast cancer. Invited presentation to patients at the Breast Cancer Treatment Clinic at the University of Oklahoma Health Sciences Center, Oklahoma City, OK.
- Anderson, K. W., & Russner, W. (Mar-May 1994). Parent Effectiveness Training. Training offered to Spanish-speaking parents with children in grade school, Oklahoma City, OK.
- Anderson, K. W. (Oct 1993-Apr 1994). "I Am Special" curriculum. Presentations to Spanish-speaking parents in their homes, Oklahoma City, OK.
- Anderson, K. W. (Apr 1993). Cognitive-behavioral assessment & treatment of major depression. Invited presentation at the USU Counseling Center, Logan, UT.
- Anderson, K. W. (Oct 1991-June 1992). Persons with AIDS and their loved ones. Group leader of community outreach group at Bear River Mental Health, Logan, UT.
- Doty, M., & Anderson, K. W. (Jan-Apr 1991). Persons with loved ones in Persian Gulf war. Co-leader of a support group to students at Utah State University, Logan, UT.
- Anderson, K. W. (Oct 1988). Suicide risks in adolescents. Invited presentation to local religious leaders and affiliated youth, Sunset, UT.

## **RESEARCH EXPERIENCE**

### **GRANTS AWARDED**

McLean, P. D., Anderson, K. W., & Taylor, S. (1985). Cognitive-behavior therapy versus behavior therapy in the treatment of obsessive-compulsive disorder. Funded by British Columbia Health Research Foundation for \$150,000 over two years.

### **PUBLICATIONS**

Anderson, K.W. (1998). Utility of the five-factor model of personality in psychotherapy Aptitude-treatment interaction research. Psychotherapy Research, *8*, 373-389.

Anderson, K.W. & McLean, P.D. (1997). Conscientiousness in depression: Tendencies, predictive utility, & longitudinal stability. Cognitive Therapy & Research, *21*, 223-238.

Anderson K.W., Taylor, S. & McLean, P.D. (1996). Panic disorder associated with blood-injury reactivity: the necessity of establishing functional relationships among maladaptive behaviors. Behavior Therapy, *27*, 463-472.

Anderson, K,W, & Skidmore, J,R, (1995). Empirical analysis of factors in depressive cognition: The Cognitive Triad Inventory. Journal of Clinical Psychology, *51*, 603-609.

Anderson, K.W. & Skidmore, J.R. (1994). The scientist-practitioner dilemma: A student's perspective. The Behavior Therapist, *17*, 97-98.

Iverson, G.L, & Anderson, K,W. (1994). The etiology of psychiatric symptoms in patients with systemic lupus erythematosus. Scandinavian Journal of Rheumatology, *23*, 277-282.

Iverson, G.L. Anderson, K,W, & McCracken, L,M. (1995). Research methods for investigating causal relations between SLE disease variables & psychiatric symptomatology. Lupus, *4*, 1-6.

McLean, P. D., & Anderson, K. W. (1997). Common determinants in empirically Supported psychosocial treatments for depression. In K. S. Dobson & K. D. Craig (Eds.), Best Practice: Developing and Promoting Empirically Validated Interventions. Newbury Park, CA: Sage Publications.

McLean, P. D., Whittal, M. L., Thordarson, D. S., Taylor, S., Sochting, I., Koch, W. J., Paterson, R., & Anderson, K. W. (2001). Cognitive versus behavior therapy in the group treatment of obsessive-compulsive disorder. Journal of Consulting & Clinical Psychology, *69*, 205-214.

Taylor, S., McLean, P. D., Woody, S., Koch, W., & Anderson, K. W. (1996). Suffocation-alarm theory of panic: Implications for cognitive therapy. Behavior Therapy, *27*, 115-126.

Taylor, S., Woody, S., Koch, W., McLean, P. D., Paterson, R. J., & Anderson, K. W. (1997). Cognitive restructuring in the treatment of social phobia: Efficacy and modes of action. Behavior Modification, *21*, 487-511.

### **REVIEWS FOR JOURNALS**

Ad Hoc Reviewer for <u>Behavior Research and Therapy</u>	1994-1996
Ad Hoc Reviewer for <u>Cognitive Therapy and Research</u>	1995-1996

## PRESENTATIONS AT PROFESSIONAL CONVENTIONS

- Anderson, K. W. & Taylor, S. (1996, Nov). Panic disorder arising from blood-injury sensitivity: A case study. Paper presented at the annual meeting of the Association for Advancement of Behavior Therapy, New York, NY.
- Koch, W. J., McLean, P. D., Anderson, K. W., Paterson, R. J., Livesley, W. J., & Van Uchelin, C. (1996, Nov). Implementation and effectiveness of a secondary prevention program for non-psychotic psychiatric inpatients. Paper presented at annual meeting of the Assoc for Advancement of Behavior Therapy, New York, NY.
- McLean, P.D., & Anderson, K. W. (1996, Mar). Common determinants in empirically validated psychosocial treatments for depression. Workshop presented at the Banff Conference of Behavior Modification, Banff, Alberta.
- Paterson, R. J., Anderson, K. W., & McLean, P.D., (1995, August). Changeways: Implementation of a cognitive-behavioral outreach services in BC. Paper presented at the annual meeting of the Society for Psychotherapy Research, Vancouver, BC.
- Anderson, K. W. & Skidmore, J. R. (1994, November). Personality research applied to psychopathology: Application of the "Big Five" taxonomy to clinical depression & anxiety. Presented at annual meeting of the Association for Advancement of Behavior Therapy, New York, NY.
- Anderson, K. W., Skidmore, J. R., & Wilson, K.. (1991, Nov). Empirical analysis of Beck's cognitive triad: Factors underlying depressive cognition. Presented at annual meeting of the Association for Advancement of Behavior Therapy, New York, NY.
- Anderson, K. W. & Haslam, W. B.. (1988, May). Comparison of instructor intervention strategies to enhance student academic performance and goal-setting. Paper presented at the Annual Conference of the Social Sciences, Ogden, UT.
- Anderson, K. W. (1988, May). Belief vs practice of religious values: Differences in religiosity Among sects. Presented at Annual Conference of Social Sciences, Ogden, UT.

## DISSERTATION AND THESIS

- Anderson, K. W. (1994). Personality factors associated with negative affect: Application of the Big Five taxonomy to depression and anxiety. Unpublished doctoral dissertation, Utah State University, Logan, UT.
- Anderson, K. W. (1990). Cognitive and attributional correlates of depression: an analysis of the redundancy between Beck's cognitive triad and Seligman's attributional styles. Unpublished master's thesis, Utah State University, Logan, UT.

## SUPERVISORY EXPERIENCE

- Clinical Supervisor**, Eagle's Haven, LLC (Mar 2018-Nov 2018)  
**Staff Supervisor**, Logan Regional Hospital (Sept 1998-April 1999)  
**Research Supervisor**, Utah State University (Jan 1997-Oct 1998)  
**Graduate Assistant/Practicum Supervisor**, Mt. Logan Clinic (Sept 1996-June 1998)  
**Practicum Student Supervisor**, Mt. Logan Clinic (Sept 1996-May 1997)  
**Staff Supervisor**, Anxiety Disorders Unit, Univ of British Columbia (Sept 1994-July 1996)  
**Psychiatric Resident Supervisor**, ADU, Univ of British Columbia (July 1995-July 1996)  
**Internship Supervisor**, ADU, Univ of British Columbia (July 1995-July 1996)  
**Psychology Practicum Supervisor**, ADU, Univ of British Columbia (Sept 1995-Dec 1995)  
**Research Supervisor**, ADU, Univ of British Columbia (Sept 1995-July 1996)

## **MISCELLANEOUS**

### **THERAPEUTIC VIDEOTAPE DEVELOPMENT**

- Anderson, K. W. & McLean, P. D. (1995). Cognitive-Behavioral Understanding of Needle Anxiety and Avoidance. (45 min.). Vancouver, BC: UBC.
- Anderson, K. W. & McLean, P. D. (1995). Exposure Vignettes for the Cognitive-Behavioral Treatment of Needle Anxiety. (30 min.). Vancouver, BC: UBC.
- Anderson, K. W. & McLean, P. D. (1995). Exposure Vignettes for the Cognitive-Behavioral Treatment of Dental Phobia & Anxiety. (25 min.). Vancouver, BC: UBC.

### **CURRICULUM & PROTOCOL DEVELOPMENT**

- Anderson, K. W., Dlugokinski, E. L., & Allen, S. F. (1994). Exercises for Enhancing Emotional Competence for Kindergarten Children: "I Am Special" Exercise Manual (Spanish version).
- Anderson, K. W., Lau, M., Hughes, S., & McLean, P. D. (1995). Cognitive-Behavioral Group Therapy for Panic Disorder. (Unpublished treatment manual).
- Sochting, I., McLean, P. D. & Anderson, K. W. (1996). Cognitive-Behavioral Group Treatment Manual for Obsessive Compulsive Disorder. (Unpublished manual).

### **BUSINESS ENTITIES**

Kent W. Anderson, Ph.D., P.C.  
Eagle's Haven, LLC.

May 1999-present  
Jan 2011-present

### **OTHER**

Bilingual (speak English and Spanish fluently)  
Member--American Mensa Society  
Member-American Psychological Association